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GUMMED PAPER MODELS

BY CAROLYN E. GRAY, R.N.

Western Reserve University, Cleveland, Ohio

AN outstanding problem in schools of nursing is to obtain all the teaching helps that the varied branches included in the curriculum make necessary. Because there are so many and such varied subjects, not one but many things are needed to help the students correlate theory and practice, as well as develop skill.

For some years there have been warnings from nurse examiners that skill in bandaging was fast becoming a lost art, that the number of students coming up for examination who can apply a bandage quickly, skillfully and so it will *stay put* for a reasonable length of time are few and far between. To do this requires practice, and such practice ought to come at the beginning of a student's training. Moreover this practice ought to be on inanimate forms. During the first flush of enthusiasm it is easy enough to find classmates willing to serve as models, but such willingness soon wears off, and plaster models are expensive. In many schools one finds ingenious methods of making models, but the simplest and most easily made ones are similar to the

gummed paper dress forms described in Circular 207 of the United States Department of Agriculture.¹

I have used models made as described in this circular and I know they are satisfactory if adequately reinforced, i. e., made of *several* layers of gummed paper. I have often thought I would write out a description of these gummed paper models, but I find the method of making paper dress forms described in the circular mentioned, so simple, so well illustrated, and so easy to apply in making a model of any other part of the body, that I recommend this circular to thrifty principals of schools of nursing. And who among us has not practiced thrift verging on parsimony in purchasing teaching helps?

An adequate number of gummed paper models of various portions of the body, would make it easier for students to practice bandaging, and the need for such *practice* is very great.

¹ This pamphlet may be obtained from the Superintendent of Documents, Government Printing Office, Washington, D. C., at five cents per copy.

PRACTICAL SUGGESTIONS

BY EDNA ROGERS, *Berkeley, California*

For cleaning hypodermic needles which are in good shape except for a slight roughness on the tip, or outside, I find it restores them to their original smoothness by rubbing it into an emery ball several times.

For those patients who use the bed pan frequently, or in a great hurry, it is convenient for the nurse, and comfortable for the patient if a hot water bag is kept on the part of the vessel to be in contact with the patient. The same idea works splendidly at night.